

CNME

Loddon Mallee

2021

Topic Talks

Oral Health

"Oral health is fundamental to overall health, well-being and quality of life. A healthy mouth enables people to eat, speak and socialise without pain, discomfort or embarrassment". Poor oral health can have a profound impact on an individual. This week we will learn more about oral health.

"Good oral health is fundamental to overall health and wellbeing. Oral health refers to the condition of a person's teeth and gums, as well as the health of the muscles and bones in their mouth" (AHMAC 2017).

Oral health and dental care in Australia

- 3 in 10 people delay or avoid seeing a dentist because of the cost
- Oral conditions are the third highest reason for acute preventable hospital admissions
- Oral health generally deteriorates over a person's lifetime
- Oral disease can destroy the tissues in the mouth, leading to lasting physical and psychological disability
- Poor oral health is also associated with a number of chronic diseases, including stroke and cardiovascular disease

Let's talk

Suggested questions to ask yourself or your peers this week



How would you rate your level of understanding of this topic?

Watch a webinar, listen to a podcast, look at the websites. Learn something new.

Studies show that although nurses are usually aware of the importance of oral health for patients in their care, oral health assessments and care are often included in 'missed nursing care'. Missed nursing care refers to delayed or omitted aspects of nursing care (totally or partially).

Discuss why this is the case.

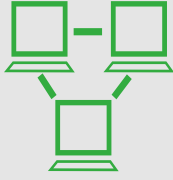
What are the barriers to completing oral health assessments and nursing care in your area of work?

How might these barriers be managed?

What are 2 new pieces of information you have learned about the topic this week?

Think about what you have learned. How can you use this learning going forward?

Loddon Mallee Activities and Resources



What's on the Web?



References:



Tuesdays@2 Webinar

Tuesday 17th August, 2pm. Join the webinar via the [Bendigo Health Website](#)

or via zoom <https://bendigohealth.zoom.us/j/93324155450?pwd=Nm9iSUZmSEI4enJHWFRheWRtaTdaUT09>

Speaker:

- Tracy Kidd - Nurse Educator CPD

Topic

- The impact of medications on oral health - a review of current evidence.

Other Events: Dental Health week

<https://www.ada.org.au/Dental-Health-Week/Home>

E-Learning:

- Remote Area Health Corps [E-Learning](#)
- Australian College of Midwives: [Midwifery Initiated Oral Health eLearning Course](#)

Webcasts:

- DHAA (2020) [Oral Health Update for Non-Dental Health Professionals](#). [1:39:52]
- Rural Health Channel (2014) [Open Wide: Oral Health in the Bush](#)
- Archer Dental (2013) [Oral Hygiene Instruction for Caregivers](#) [20:06]
- Stanford Geriatric Education Center (2015) [Oral Health in Dementia](#)

Podcasts:

- MDTea Podcast (2017) [Mouth Care and Oral Health](#) [39:38]
- Cochrane

Web Sites:

- Cochrane Library (2020) [Oral Hygiene care for critically ill patients to prevent ventilator-associated pneumonia](#)
- Royal Children's Hospital (2020) [Dental Care](#)
- [Royal Dental Hospital Melbourne](#)

- AIHW (2021) Oral Health and dental care in Australia. (Retrieved from) <https://www.aihw.gov.au/reports/den/231/oral-health-and-dental-care-in-australia/contents/summary>
- Albsoul, R., FitzGerald, G., Finucane, J., Borkoles, E. (2019) Factors influencing missed nursing care in public hospitals in Australia: An exploratory mixed methods study. The International Journal of Health Planning and Management. 24(4): e1820-e1832.
- Australian Government Department of Health (2021) Dental Health. (Retrieved from) <https://www.health.gov.au/health-topics/dental-health>
- Australian Government (2015) Healthy Mouths Healthy Lives: Australia's National Oral Health Plan 2015-2024. (Retrieved from) http://www.coaghealthcouncil.gov.au/Portals/0/Australia%27s%20National%20Oral%20Health%20Plan%202015-2024_uploaded%20170216.pdf
- Dagneu, Z., Abraham, I., Beraki, G., Tesfamariam, E., Mittler, S., Tesfamichael, Y. (2020) Nurses' attitude toward oral care and their practicing level for hospitalized patients in Orotta National Referral Hospital, Asmara-Eritrea: a cross sectional study. BMC Nursing. 19:63. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7348104/>